SigMail Physician's User Guide



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www.sigmahealthtech.com

Table of Contents

- 1. Starting with SigMail
- 3. Setting up your Account
- 4. Typical clinic structure
- 6. Create Patient (Guest) accounts
- 7. Manage Members
- 9. Sending Messages
- 12. My Account Settings
- 14. The Schedule Tab and Video Visits

Appendix

Support

Starting with SigMail

Welcome to SigMail, a HIPAA compliant, end to-end encrypted web-based messaging and video system to allow care providers to communicate with each other and their patients. We have focused on creating open communication to put patients at the secure centre of their circle of care. SigMail can be used to communicate and send all types of personal health information (PHI) from healthcare office to office to provider to provider to patient, in a safe and secure fashion. It can improve patient experience, and improve office efficiency through the use of asynchronous communication. Secure messaging is much more efficient than current tools like telephone calls and fax machines, and may improve staff morale and office work-flow.

You will receive an email from noreply@sigmail.ca with the subject, "SigMail <clinic name> has invited you to join the secure messaging platform" inviting you to join, click the [Complete My Registration] tab. If you haven't received this email, check your spam folder, or the promotions folder in Gmail.

SIGMAIL

SigMail Demo Clinic has invited you to join next generation secure messaging

Hi Andrew Fernandez,

You have been invited to get access to the SigMail platform. This platform will allow you to perform end-to-end encrypted messaging with your care provider and circle of care in a simple and secure way.

Before you start communicating with your provider through SigMail, you must complete your registration.

Join Now

User Guide: Please click to access user guide

We would love to get your feedback about the SigMail secure messaging system to make it even better! Please click to give your feedback

Thank you, SigMail Team

Starting with SigMail

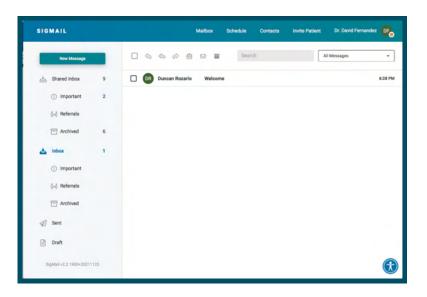
Step 1- enter a username which will be used for login purposes only. Enter a password- at least 12 characters long. For ease, you may choose to use your email address as your username. Remember to keep both the username and password securely as they are used to safeguard your account.

Step 2- answer the security questions. As this is a secondary safeguard to allow a forgotten password to be reset, it is vital that you record these safely. You can click on the [eye] icon to see the text that you are entering. If you forget your password, you must know the answers to the security questions otherwise you will not be able to access your account. Given the highly secured nature of the system, we do not have the ability to provide access to the system without your password or answers to the security questions. You will then receive an email telling you that your SigMail account is now active and ready for login.

You will now be able to login at www.sigmail.ca

Setting up your Account

After you login, you will land on the Mailbox page. SigMail looks and behaves very much like conventional email, but no external emails are allowed in, and no emails leave the system. Messages travel in the system always encrypted and remain encrypted. As you can see, you will have access to the shared clinic inbox for patient messages, and your own personal inbox.



Click on your name at the top right and select [Manage Members]. You will now want to add the other members of your clinic.

Types of Accounts:

Admin Physician - for the main physicians- can create admin, physician+, physician, staff, patient accounts, change clinic details, activate and deactivate accounts. Full email access. PRO fee account

Admin Staff - for the administrative staff, like the Admin Physician have rights to deactivate users, change clinic details, and do high level clinic changes. This person gets a default specialty as "Administrative Staff"

Physician+ - is listed in the physician directory, can create physician+, physician and patient accounts and has access to premium features such as HRM. Full email access. PRO fee account

Physician - is listed in the physician directory, can create patient accounts. Full messaging access. STD fee account

Staff - can create physician+, physician, staff, and patient accounts. Full messaging access, are "Administrative Staff". PRO fee account

Patient(Guest) - can receive and reply to emails from the clinic, and send and receive attachments. No fee Guest account.

Typical Clinical Structure

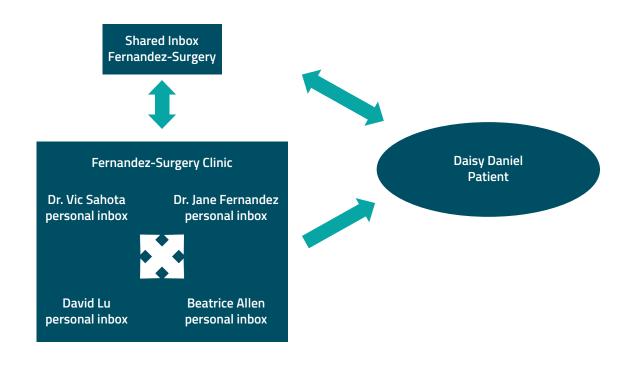
An administrator can create one or more separate groups for their clinic as needed. A new group is like a different clinic- physicians and staff in one group will not be able to message patients in another group.

Physician and staff accounts have access to the shared clinic inbox, and their personal inbox. Messages can be sent from any PRO or STD user, to any other PRO or STD user or clinic shared inbox.

Patients can reply to any message from a PRO or STD user, but their messages are sent to the clinic's shared inbox only so that all members of the clinic can see the message and respond appropriately.

Example

Dr. Jane Fernandez is a physician and an Administrator and has setup a SigMail system for her clinic named: **Fernandez-Surgery**. She has an associate physician, Dr. Vic Sahota, an office manager David Lu, and a nurse Beatrice Allen. They have created a patient guest account for Daisy Daniel.



Typical Clinical Structure

Clinic staff and physicians can communicate with each other, and other clinics and their staff and physicians using their personal inbox. When staff or physicians message patients, patients can reply only to the Shared inbox to which all clinic staff and physicians have access. This ensures that everyone can see and respond to patient concerns as needed.

Suggested Workflow

Most issues will be dealt with by your clinic staff who will monitor the Shared inbox. If there is a message from a patient that requires the physician's attention, [Reply] or [Reply All] to the patient message, and then cc. the physician. This will send a message to the physician which has the patient's username in the header and is very easy to respond to. At all times, patient's messages go to the shared inbox.

Each member of the clinic should have an account. Messages are handled like email, read receipts, send acknowledgements are present. Message cannot be deleted as they may contain personal health information (PHI), but they can be archived to move them out of the inbox. Messages can be moved to a physician's EMR via PDF or via upcoming integration with OntarioMD's Health Report Manager (HRM).

Create Patient (Guest) Accounts

Once the clinic structure is completed, you are ready to invite patients. Click the [Invite Patient] tab and then enter their First Name, Last Name, DOB, HC number, email address and cell number and click [Send Invite]. Cell phone number is optional, but we encourage you to provide it to allow patients to use 2 factor authentication (2FA). You can select the province or territory of the patient's health coverage, or details about private insurance. Your patient will receive an invitation at their email address to create a SigMail account and can use their cellphone number for 2FA. Remember to remind your patients that the invitation may be in the spam folder or the promotions folder in Gmail. As a security measure, when the patient account is created, a patient invitation access code which is the last 6 numbers of their health number is created. They require this to set up their account. If they do not have a provincial health card, a random 6 digit security sequence is created and displayed on your screen. This must be communicated to the patient verbally or in writing as they need this to create their account. For later reference, this code is listed on the **Manage Members** page.

First name Andrew	Last name Fernandez	Andrew Fernandez
Date of birth	Cell number (905) 845-3614	Patient invitation access code:
mail address /ernandez@sympatico.ca		111111
Health Insurance		Done
Jurisdiction	Plan number	
Ontario +	1111-111-111-XX	

Once your patient has completed their account creation, their status will change on the **Manage Members** page from [Pending] to completed with a blue slider bar.

On this Manage Members Page, accounts can be deactivated if needed. In addition, if one clicks on a PENDING status icon, one can resend, revoke, or remove invitations.

Admin Physician	Richard Cor	-		
Patient	2021-07-2 Duncan Roz		•	
Patient	2021-11-2 Duncan Re	7	PENDING	
Patient	2021-11- Duncan Ro		nvitation nvitation	
Patient	2021-09- Duncan R6	Remove	Invitation	G

Manage Members

Patient accounts can be added by selecting the [Invite Patient] tab at the top of the screen, or by selecting the [+ Member] tab.

SIGMAIL	Mai	libox Schedule	e Contacts	Invite Patient	Duncan Rozario DR
					My account
My account	Manage Members	Subscrip	otion Usage: 4/100 Exp	viry date: 999	Manage members
					FAQ
L: Manage members	All members 18 Pro		rd 0750 Patient		Terms and conditions
	Search		Specialty	All	Privacy policy
	Name	Group	Role	Register	Contact us
	Alice Jetson 3333xxxxxx3-CC	-	Patient	2021-07- Duncan Re	Sign out
	Allen Arkin 1111xxxxxxx1-AA	-	Patient	2021-09-04 Duncan Rozari	
	Andrew Fernandez	-	Patient	2021-11-27 Duncan Rozari	
	Dr. Anthony Fernan Cardiology	Rozario Surgery	Admin Physician	2021-08-21 Richard Corbet	t
	Duncan Rozario	Pozario Surgery	Admin Physician	2021-07-19	

This [+ Member] tab allows one to create Patient Accounts, Bulk Invite Patients, and Invite Physician or staff

Expiry da	ne: 9999-12-31	UPGRADE PLAN
tients 🗍	2	≗• Member
_	Invite Patie	nt (Guest)
•	Bulk Invite	Patients
R	Invite Phys	ician or staff
20	21-07-24	-

The Bulk Invite option allows the SigMail system to send out up to fifty patient account invitations at a time by importing an Excel Spreadsheet with the required information.

IGMAIL					Mailbox	Schedule	Contacts	Invite Patient	Dr. David Fernandez	a (
My account Manage members	< Back to Manage Members Bulk Invite Patients									
			Drop CS	/ file here or click to upload.						
			Click here to lear	n more about the expected file format						
	Valid entries Invalid entries	Duplicate entries	All entries						Send invitations	
	First name	Last name	Birth date	Health insurance		Email addre			Cell number	
				No Rows To Show						

Manage Members

An Excel spreadsheet with patient demographics in the CSV format listing: First name, Last name, Birth date, Health insurance#, Email address, Cell number can be uploaded to allow SigMail to automatically send out invitations to join the system

Batch script Oscar

In the Oscar EMR, the Administration Reports Query By Example allows one to enter this script to automatically generate a list of patients, where the demographic_no needs to be adjusted. The example will generate a list of all patients from demographic #1 to #50

select

first_name,last_name,concat(year_of_birth,'-',month_of_birth,'-',date_of_birth) as dob,hc_type,concat(hin,''-'',ver) as hin,email,phone FROM demographic WHERE (demographic_no >=1 and demographic_no<=50)

Sending Messages

To send a message to a patient, one can either click [New message] and enter the patient name, or select (Contacts) and then [*Circle of Care] where all of the clinic's patients are listed. All clinic staff and physicians can message all patients in the clinic's circle of care.

Messages can be sent in two separate ways.

1. One can click [New Message] and start typing the name of the recipient. You will notice that physicians have their specialty listed after their name, staff have the term [Administrative Staff] listed after their name, and patients have a partially anonymized health card number listed to ensure that you are selecting the correct patient.

2. One can click- [Contacts], and then select [Physician] directory, [Group Contacts], [Client Contacts], or [* Circle of Care], select one or more recipients, and then click the icon in front of the Search tab to create a new message.

3. Sent messages are stored in the [Sent] folder. The time and date that they were sent is recorded. A green checkmark in front of the recipient indicates that the message was read. Messages can be unsent in the first 7 days by clicking the Recall button.

Contacts

Selecting the [Contacts] button give you access to the listings of : Physicians- all physicians on SigMail Group Contacts- the names of all offices or clinics on SigMail with the name of their shared inbox

Client Contacts- frequent recipients you message Circle of Care- all of the patients in your circle of care

SIG	MAIL				Mailbox Contact:	s Invite Patient	Dr. Duncan Rozario
		Phys	sicians				
۲	Physicians	Ľ	Name of physician		by specialty pecialties	✓ Filter by city n All cities	ame
**	Group Contacts						
	Client Contacts	Na	me	Institution	Specialty	Other Spe Phone	e City Provinc
	Client Contacts		Aaron Jolly MD FACC FASNC	SigMail Demo Clinic	Cardiology	(111)	111
53	Circle of Care		David Allen	SigMail Demo Clinic	Gynecologic surger	y (905)	845
			David Fernand	SigMail Demo Clinic	General surgery	(905)	845
			David Rozario	SigMail Second Demo .	Dermatology	(905)	845

Sending Messages

From this page, clicking on the name of a physician brings up their contact info

ins	Contact Details		Filter by specialty All specialties
ontacts	First Name Dr. Anthony	Last Name Fernandez	
ontacts	Academic Degree	Specialty Cardiology	
Care	Other Specialties n/a	cPSO n/a	
	Address n/a	Office number n/a	
	Phone number (905) 845-3614	Fax Number n/a	
	Institution SigMail Demo Clinic	Specialty Cardiology	
	Email Address n/a		
		Close	

From this page, clicking on the Circle of Care listing, double clicking on a patient name brings up demographic information

All Patients		
Contact Details		
First Name Andrew	Last Name Fernandez) 888-7
Cell number (416) 888-7878	Gender Male) 845-2
Birth Date 1960-XX-06	Health Plan 1111xxxxxx1-XX) 845-3
Email Address fernandez@sympatico.ca) 833-0
	Close	
22220000002-AA (UN)) 845-2

Mailbox Icons

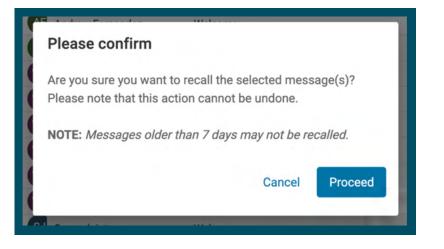
SIGMAIL						Mailb	ox	Schedule	Contacts	Invite Patient	Dr. David Fernandez	DF
New Message		S	<\b	R	0			Search		All	Messages	*
A Shared Inbox	9	DR	Dunca	an Roz	ario	W	elcome					6:28 PM
() Important	2											

After the [New Message] button, the icons are: select all, reply, reply all, forward, mark read, mark unread, and archive.

Sending Messages

On the sent mail screen, the archive button is replaced with a Recall button which allows you to unsend messages if sent within the last 7 days.

SIGMAIL				Mailb	ox	Schedule	Contacts	Invite Patient	Dr. David Fernandez	DF
New Message	63 (h	R	0		Σ^{\otimes}	Search		AI	Messages	*
📩 Shared Inbox 9										
() Important 2										



My Account Settings

Clicking on your name at the top right of the screen allows access to settings. The **My Account** tab allows you to change your account **Profile** information. Only clinic Administrators can change the names of account holders.

The **Security** tab allows you to enable 2 factor authentication (2FA),change passwords and security questions. The username and password needs to be entered to change any of these settings. 2FA options include sending the 7 digit code to- SMS text messag, or email address.

The **Preferences** tab allows you to toggle on or off, whether your external email receives a notification when you receive a new SigMail message from your private inbox or shared inbox. You can also change the message signature that is automatically added to the end of your messages.

The **Schedule** tab allows you to schedule your normally worked hours in a week so that staff know when you are available to schedule video visits.

The **Integrations** tab allows one to change settings for integration in the Oscar EMR, and check on Health Report Manager integration status

My account			
🛞 Marage members	Profile Security	Preferences Schedule Integrations	SigMail will send a secure notification to you via Text message or Email as your second factor during 2-Step Verification.
	Name Dr. Gevid Fernandez	Contact Q ₍₀₎ (VOS) 845-3614	How would you like to get your verification code?
	Academic degrees	0	○ Text message
	Speciality Internal medicine	En fernandesijnympatios.ca) Email
	Other specialties		
	CPSD number		Cancel Continue
	OHEP provider number		

My Account Settings

Manage Members

The **Manage Members** tab allows one to add new physician and staff accounts, deactivate accounts, resend invitations, revoke invitations or remove invitations.

Before accounts are active, if you click on the Status box of the invitation (which could say [Expired] or [Pending]), you can resend an invitation, revoke an invitation, or remove an invitation.

GMAIL	Mailbox	Physicians directory	Invite Patient	Dr. Duncan Rozario
My account	Manage Member	S Subscription Usage:	7/100 Expiry date: 999	9-12-31 UPGRADE PLAN
😩 Manage members				
	All members 17	Pro (9/50) St	andard 0/50	Guests 🔹 🔒 Mem
	Search Role		Specialty All	Status All
	Name	Role E	nail Special	ty Status
	Maron Jony Mar		aron.jony Caraion	
	Mona Jasuja KMH	Physician+ m	onajasuj Pediatri	cs 🛑
	GB Gopal B Rozario-	Physician+ ge	opal@jpb Cardiac	SU EXPIRED
	JS Jennifer Su K	Staff js	utton@k Admin	Resend Invitation
	Janet Patterson	Patient pe	etterson	Revoke Invitation
	Oswald Jones	Patient or	swald@m	Remove Invitation

The Schedule Tab and Video Visits

The Schedule Tab at the top of the screen allows one to see when care givers are scheduled to be working to allow one to add video visits

SIGMAIL			Mailbox	Schedule	Contacts	Invite Pat	tient Dr. D	avid Fernandez
• My Schedule	My S	chedule						
	Go to Te	odøy 🕻	> Nov 2	28 - Dec	4, 2021 [Day Week	Month Year	New Event
		Sun 11/28	Mon 11/29	Tue 11/30	Wed 12/1	Thu 12/2	Fri 12/3	Sat 12/4
	7am							
	8am							
	9am							
	10am							
	11am							-
	12pm							
	1pm							
	2pm							
	3pm							
	4pm							
	5pm							
	6pm							
	7pm							
SigMail v2.2.1900+20211123	8pm							(

To Add a video visit, select [New Event], fill in the required information and select [Submit] to schedule the visit and automatically send a message to all recipients/

One can add multiple recipients, add reminders, flag messages as important or billable, and make an interaction audio, or video by selecting the [Video Meeting] box

nemen rippe tension contr	ol after increa	sing ramipril		
Attendees DF Dr. David Fernandez (⊗ НЈ н	elen Jetson 🛞		
2021-11-28	Start time -		End time	Ċ
Description Check on home BP logs an	id see how par	tient is feeling wi	th ramipril up to	o 10mg/d
Check on home BP logs an	id see how pai	tient is feeling wi	th ramipril up to	o 10mg/d
Check on home BP logs an 9 / 5000 Reminder	id see how pai	Notify by		o 10mg/d
Check on home BP logs an	nd see how par			o 10mg/d

The scheduled video visit will now show on the schedule

The Schedule Tab and Video Visits

IVIY S	chedule						
Go to T	oday 🤇 🔾 🔾	No	ov 28 - Dec	4, 2021	Day We	sek Month Yes	Ir New Ever
	Sun 11/28	Mon 11/29	Tue 11/30	Wed 12/1	Thu 12/2	Fri 12/3	Sat 12/4
7am							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm	7.00pm - 7.30pm -						
8pm							

By selecting the event, and clicking join, one can start the video visit.

Attendees DF Dr. David Fernandez 🛞	Helen Jetson 🛞	
Date	4.4	nd time 9:30
	batient is feeling with r	amipril up tó 10mg/d
Check on home BP logs and see how p 7 / 5000 Remoter	Notify by	umipril up to 10mg/d
Check on home BP logs and see how p 17 5000 Remoter		amipril up to 10mg/d
Check on home BP logs and see how p	Notify by	amipril up te 10mg/d

Appendix

Integration into Oscar EMR

We directly integrate into the Oscar EMR. By selecting the [Integrations] tab on the My Account screen one can select the [Edit] button for Oscar EMR and enter the appropriate information from the Oscar EMR Administration Integration API/Connections REST Clients. SigMail technical support can assist with this.

Clie	ent name	m
	ent key	I
	ent secret	I
Ter	mporary credential request URI /oscar/ws/oauth/initiate	l
- Au	thorization URI	I
Tol	ken request URI	I
Test	connection Cancel Save	I

Supports

If you have problems with the system that your physician's office are not able to resolve, you can email us at support@sigmahealthtech.com via your external email.